



Rideau Review

Owned and Operated by
Chalmers Foundation



SEPTEMBER 2023

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Board Message

Hello friends and families!

Doesn't our home look great? The refresh has led to a brighter, warmer feeling throughout all our common areas. We are so proud to call Rideau our home.

In August, we welcomed six new members to our Rideau community. In talking to these new members, they uniformly stated how warm and

welcoming the community has been to them: this is Rideau Residence!

Thank you to everyone who reached out to welcome our new members.



Ann Leckie

Board Chair, Chalmers Foundation

Employee Profile of the Month



At the beginning of August we welcomed a new team member in our midst: her name is Sana, and she's our new Community Relations Manager.

We are always trying to actively engage with the neighbourhood; to that end, Sana will help us form deeper and meaningful partnerships with the residents as well as the Burnaby community.

Sana will be coordinating tours for visitors as well as facilitating the onboarding process of new residents, so we encourage you to introduce yourself when you see her next!

Renovations Update

As you know, our renovations have continued throughout the summer, and we are nearing completion!

The flooring and painting of the first floor and lobby is officially completed, and it gives a completely different feeling to now walk through the doors of the Residence! The flooring outside the elevators on the second floor has also been updated.



The only project that is still ongoing is our renovation work on the third floor. We have removed the existing pavers and added two new membranes on top of the existing layer to improve waterproofing; we have then poured concrete above them instead of adding new pavers in order to create a safer environment with less tripping hazards. While the heavy duty work is completed, we are now working on the final touches, such as procuring new planters and pots that can be

moved around the space as the seasons change.

We are incredibly proud of the work done, and immensely grateful for the patience everyone has shown over the summer while we worked to make your home a warmer, safer and more comfortable place to live in! If you have comments, feedback or thoughts, please let us know by calling or emailing Concierge at your convenience.



Truth and Reconciliation

Each year, September 30 marks the National Day for Truth and Reconciliation.

The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process. This federal statutory holiday was created through legislative amendments made by Parliament.

Both the National Day for Truth and Reconciliation and Orange Shirt Day take place on September 30.

Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual, family and community inter-generational impacts of residential schools, and to promote the concept of “Every Child Matters”. The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations.

Movie Room

Starting in September, all of our TV Shows, Movies and Documentaries will be shown in the Activities Room on the main floor.

While the Movie Room has worked wonderfully so far, we have reached the need for a larger area that can accommodate more people. As you know, a lot of our workshop are

currently being held in the Activities Room, and during our chats with the Residents - such as during the Residents Meetings that we always encourage to attend - this was one of the items that was brought up.



ACTIVITIES & EVENTS



Important reminder
Residents General
Meeting will take
place on Thursday,
September 28th,
2023.

Check out all our events for the month of September:

Sept 4th - Labour Day

Sept 5th - Wii Bowling Preliminary Novice & Pro

Sept 6th - Walker Cleaning & Repair Clinic

Sept 7th - Wii Bowling Championship [Residents + Staff]

Sept 8th - Burnaby Public Library Visit

Sept 11th - Oral Health Presentation by VCC Students

Sept 12th - Mental Health Workshop

Sept 13th - Bus Tour: Rose Gardens at UBC

Sept 15th - Birthday Celebration with Pete Campbell

Sept 22nd - Oktoberfest Party

Sept 23rd - First Day of Autumn/Fall

Sept 26th - Culinary Demo with Chef Jasmine

Sept 27th - Bus Tour: Irish Pub in New West

Sept 30th - National Day for Truth and Reconciliation / Orange Shirt Day



Farmer's Market: Each Saturday 9:00 AM - 11:00 AM



SPECIAL MEALS



BOWLING NIGHT

Thursday, September 7th

Appetizer

Mini Nacho Plate

Entrée

Classic Beef Dip
with Shoestring Fries
Chicken Taco Platter

Dessert

Rocky Road Brownies



PORTUGAL DINNER

Thursday, September 21st

Appetizer

Cal do Verde Soup
(Kale, Potatoes, Garlic)

Entrée

Piri- Piri Chicken Leg
Arroz de Marisco
(Fish Stew with Rice)

Dessert

Pastel de Nata (Custard Tart)



BIRTHDAYS & PICTURES

September Birthdays

Isobel, D. - September 2nd
Eugene, W. - September 2nd
Leona, Q. - September 3rd
Edith, S. - September 6th
Domenica, T. - September 10th
Jane, B. - September 10th
Bruna, P. - September 11th
Lucia, D. - September 18th
Mildred, S. - September 18th
Chuck, B. - September 20th
Lilian, H. - September 20th
Nancy, C. - September 26th



SEPTEMBER

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

N	F	A	S	C	H	O	O	L	L	I	R	S	S
P	M	A	P	P	L	E	S	A	T	I	E	M	E
I	W	U	F	W	I	N	D	Y	H	B	E	V	N
C	A	T	T	O	U	R	E	S	M	D	A	R	G
T	L	S	H	U	O	S	S	E	Q	E	E	L	S
U	I	I	N	A	A	T	T	Y	L	U	O	I	H
R	B	S	M	A	R	P	B	N	A	V	A	I	Y
E	R	E	A	U	E	V	T	A	E	D	L	S	Y
S	A	F	U	S	L	C	E	S	L	L	G	A	H
Q	L	O	R	S	C	T	T	S	Y	L	D	O	N
U	W	T	M	N	I	L	J	T	T	I	C	L	D
E	J	N	T	Q	D	I	T	A	L	N	T	L	K
F	R	A	C	S	E	U	F	O	R	Z	B	A	W
W	K	R	H	L	R	Q	H	C	H	B	N	F	T
Q	T	B	V	X	O	N	I	U	Q	E	D	K	M

By Jimmy and Evelyn Johnson - www.qets.com

Apples	Fall	Picturesque
Autumn	Football	Quilt
Chilly	Gloves	Scarf
Cider	Harvest	School
Coat	Holiday	September
Dogdays	Leaves	Squash
Equinox	Libra	Windy