

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>[AR] Activities Room 1st Fl. [LB] Library 1st Floor [L] Lobby 1st Floor [B] Bistro 2nd Floor [G] Garden 2nd Floor [MR] Movie Room 3rd Floor [SKY] Sky Lounge 19th Floor</p>	<p>1 10:00 - Yoga with Katie [AR] 1:30 - Drama Club [AR] 2:30 - National Youth Orchestra of Canada 2023 Aurora Tour [AR] 6:30 - Series: <i>Canada - Geography, History and Attractions</i> [AR]</p>	<p>2 10:00 - Fitness [AR] 10:30 - Computer & Tech. Workshop [AR] 10:45 - Anglican Service [AR] 2:30 - Ballon Reminiscence [AR] 3:30 - Billiards [SKY] 6:30 - Series: <i>According to Jim</i> [AR] 7:00 - Whist [LB]</p>	<p>3 10:00 - Fitness [AR] 10:45 - Family Feud [AR] 2:30 - Canada Trivia and Armchair Travel [AR] 6:30 - Bingo [AR]</p>	<p>4 10:00 - Fitness [AR] 1:30 - Weight Loss Support Group by Jane Shaddy [AR] 2:30 - Afternoon Social and Jeopardy Trivia [B] 6:30 - Orchestra Night: <i>Baltic Sea Voyage</i> [AR] 7:00 - Whist [LB]</p>	<p>5 10:00 - Fitness [AR] 10:45 - Catholic Mass [AR] 2:30 - Afternoon Social with Marie & Michael Cronin [B] 6:30 - Documentary: <i>America's National Parks</i> [AR] 7:00 - Whist [LB]</p>	<p>6 10:00 - Fitness [AR] 2:00 - Scrabble [LB] 2:30 - Neighbourhood Walk [L] 3:00 - Cribbage [LB] 6:30 - Movie: <i>While You Were Sleeping</i> [AR]</p>	
<p>7 10:00 - Fitness [AR] 1:00 - Knit & Stitch [B] 2:30 - Bingo [AR] 6:30 - Movie: <i>Set It Up</i> [AR] 7:00 - Bridge [LB]</p>	<p>8 10:00 - Yoga with Katie [AR] 10:45 - Word in a Word [AR] 1:30 - Drama Club [AR] 2:30 - Karaoke [AR] 6:30 - Series: <i>Home Improvement</i> [AR]</p>	<p>9 10:00 - Fitness [AR] 10:30 - Computer & Tech. Workshop [AR] 11:00 - Bus Tour: Fish & Chips in Port Moody [L] 3:30 - Billiards [SKY] 6:30 - Series: <i>According to Jim</i> [AR] 7:00 - Whist [LB]</p>	<p>10 10:00 - Fitness [AR] 10:45 - Family Feud [AR] 2:30 - Novice and Pro Wii Bowling [AR] 6:30 - Bingo [AR]</p>	<p>11 10:00 - Fitness [AR] 2:30 - Afternoon Social with Augustin [B] 6:30 - Orchestra Night: <i>Vivaldi - Four Seasons - Alexandra Conunova</i> [AR] 7:00 - Whist [LB]</p>	<p>12 10:00 - Fitness [AR] 10:45 - Catholic Mass [AR] 2:30 - Social with Bobby Bacchus [B] 6:30 - Documentary: <i>America's National Parks</i> [AR] 7:00 - Whist [LB]</p>	<p>13 10:00 - Fitness [AR] 2:00 - Scrabble [LB] 2:30 - Craft [AR] 3:00 - Cribbage [LB] 6:30 - Movie: <i>The Shaggy Dog</i> [AR]</p>	
<p>14 10:00 - Fitness [AR] 1:00 - Knit & Stitch [B] 2:30 - Bingo [AR] 6:30 - Movie: <i>Mr. Magoo</i> [AR] 7:00 - Bridge [LB]</p>	<p>15 10:00 - Yoga with Katie [AR] 10:45 - Word in a Word [AR] 1:30 - Drama Club [AR] 2:30 - Food Tasting with Chef David & Food Trivia [B] 6:30 - Series: <i>Home Improvement</i> [AR]</p>	<p>16 10:00 - Fitness [AR] 10:45 - Anglican Service [AR] 2:30 - Name That Tune [B] 3:30 - Billiards [SKY] 6:30 - Series: <i>According to Jim</i> [AR] 7:00 - Whist [LB]</p>	<p>17 10:00 - Fitness [AR] 2:30 - Garden Picnic [G] 6:30 - Bingo [AR]</p>	<p>18 10:00 - Fitness [AR] 1:30 - Weight Loss Support Group by Jane Shaddy [AR] 2:30 - Afternoon Social with Augustin [B] 6:30 - Orchestra Night: <i>Violin Concerto Warsaw Philharmonic Orchestra</i> [AR] 7:00 - Whist [LB]</p>	<p>19 10:00 - Fitness [AR] 10:45 - Catholic Mass [AR] 2:30 - Birthday Celebration with Michelle Carlisle [B] 6:30 - Documentary: <i>America's National Parks</i> [AR] 7:00 - Whist [LB]</p>	<p>20 10:00 - Fitness [AR] 2:00 - Scrabble [LB] 2:30 - Sing Along with Valerie [AR] 3:00 - Cribbage [LB] 6:30 - Movie: <i>Family Switch</i> [AR]</p>	
<p>21 10:00 - Fitness [AR] 1:00 - Knit & Stitch [B] 2:30 - Bingo [AR] 6:30 - Movie: <i>The Beatles Let It Be</i> [AR] 7:00 - Bridge [LB]</p>	<p>22 10:00 - Yoga with Katie [AR] 10:45 - Word in a Word [AR] 1:30 - Drama Club [AR] 2:30 - Outdoor Coloring & Painting [B] 6:30 - Series: <i>Home Improvement</i> [AR]</p>	<p>23 10:00 - Fitness [AR] 11:00 - Bus Tour: Picnic at Belcarra Beach [L] 3:30 - Billiards [SKY] 6:30 - Series: <i>According to Jim</i> [AR] 7:00 - Whist [LB]</p>	<p>24 10:00 - Fitness [AR] 10:45 - Family Feud [AR] 2:30 - Neighbourhood Walk [L] 6:30 - Bingo [AR]</p>	<p>25 10:00 - Fitness [AR] 2:30 - Residents General Meeting [B] 6:30 - Orchestra Night: <i>Mozart Piano Concerto in D Minor</i> [AR] 7:00 - Whist [LB]</p>	<p>26 10:00 - Fitness [AR] 10:45 - Catholic Mass [AR] 2:30 - Social with Gabriel Hasselbach [B] 6:30 - Documentary: <i>Ancient China From Above</i> [AR] 7:00 - Whist [LB]</p>	<p>27 10:00 - Fitness [AR] 2:00 - Scrabble [LB] 2:30 - Jeopardy Trivia [AR] 3:00 - Cribbage [LB] 6:30 - Movie: <i>Otherhood</i> [AR]</p>	
<p>28 10:00 - Fitness [AR] 1:00 - Knit & Stitch [B] 2:30 - Bingo [AR] 6:30 - Movie: <i>La Bamba</i> [AR] 7:00 - Bridge [LB]</p>	<p>29 10:00 - Yoga with Katie [AR] 10:45 - Word in a Word [AR] 1:30 - Drama Club [AR] 2:30 - Novice and Pro Wii Bowling [AR] 6:30 - Series: <i>Home Improvement</i> [AR]</p>	<p>30 10:00 - Fitness [AR] 2:30 - Carnival Day [B] 6:30 - Series: <i>According to Jim</i> [AR] 7:00 - Whist [LB]</p>	<p>31 10:00 - Fitness [AR] 2:30 - Outdoor Games [G] 6:30 - Bingo [AR]</p>				