

# February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> <b>10:00am</b> Fitness (AR) <b>2:00pm</b> Scrabble (LB) <b>2:30pm</b> Sharing Dance Class (AR) <b>3:00pm</b> Cribbage (AR) <b>7:00pm</b> Card Games (LB)
<b>2</b> <b>10:00am</b> Fitness (AR) <b>1:00pm</b> Knit And Stitch (B) <b>2:30pm</b> Bingo (AR) <b>6:30pm</b> Mahjong (LB) <b>6:30pm</b> Virtual Concerts: Lang Lang Plays Disney (AR) (D+) <b>7:00pm</b> Card Games (LB)	<b>3</b> <b>10:00am</b> Yoga With Katie (AR) <b>10:45am</b> Word in a Word (AR) <b>1:30pm</b> Drama Club (AR) <b>2:30pm</b> Balloon Pop Reminiscence (AR) <b>6:30pm</b> Series: Family Reunion (AR) (N) <b>7:00pm</b> Card Games (LB)	<b>4</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Anglican Service (AR) <b>2:30pm</b> Novice and Pro Wii Bowling (AR) <b>3:30pm</b> Billiards (SKY) <b>6:30pm</b> Series: My Wife And Kids (AR) <b>7:00pm</b> Card Games (LB)	<b>5</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Brain Teasers (AR) <b>2:00pm</b> Movie Matinee and Popcorn (AR) <b>6:30pm</b> BINGO! (AR) <b>6:30pm</b> Mahjong (LB) <b>7:00pm</b> Card Games (LB)	<b>6</b> <b>10:00am</b> Fitness (AR) <b>1:30pm</b> Weight Loss Support Group (AR) <b>2:30pm</b> Social With Augustin (B) <b>6:30pm</b> Docuseries: Our Oceans (AR) (N) <b>7:00pm</b> Card Games (LB)	<b>7</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Catholic Mass (AR) <b>2:30pm</b> Afternoon Social With Marie And Michael Cronin (B) <b>6:30pm</b> Mahjong (LB) <b>6:30pm</b> Movie: There's Something About Mary (AR)(D+) <b>7:00pm</b> Card Games (LB)	<b>8</b> <b>10:00am</b> Fitness (AR) <b>2:00pm</b> Scrabble (LB) <b>2:30pm</b> Arts and Craft (AR) <b>3:00pm</b> Cribbage (LB) <b>6:30pm</b> Movie: Return Of The King: The Fall And Rise Of Elvis Presley (AR) <b>7:00pm</b> Card Games (LB)
<b>9</b> <b>10:00am</b> Fitness (AR) <b>1:00pm</b> Knit & Stitch (B) <b>2:30pm</b> Bingo (AR) <b>6:30pm</b> Mahjong (LB) <b>6:30pm</b> Virtual Concerts: Queen Rock Montreal (AR) (D+) <b>7:00pm</b> Card Games (LB)	<b>10</b> <b>10:00am</b> Yoga With Katie (AR) <b>10:45am</b> Word in a Word (AR) <b>1:30pm</b> Drama Club (AR) <b>2:30pm</b> Novice And Pro Wii Bowling (AR) <b>6:30pm</b> Series: Family Reunion (AR) (N) <b>7:00pm</b> Card Games (LB)	<b>11</b> <b>10:00am</b> Fitness (AR) <b>2:30pm</b> New Resident Welcome Social (B) <b>3:30pm</b> Billiards (SKY) <b>6:30pm</b> Series: My Wife And Kids (AR) <b>7:00pm</b> Card Games (LB)	<b>12</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Family Feud (AR) <b>11:00am</b> Bus Tour: Lunch At Chinese Restaurant (L) <b>6:30pm</b> BINGO! (AR) <b>6:30pm</b> Mahjong (LB) <b>7:00pm</b> Card Games (LB)	<b>13</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Willingdon Church Service (AR) <b>2:30pm</b> Social With Augustin (B) <b>6:30pm</b> Docuseries: Our Oceans (AR) (N) <b>7:00pm</b> Card Games (LB)	<b>14</b> <b>9:30am</b> Grade 1&2 Students Visit (AR) <b>10:00am</b> Fitness (AR) <b>10:45am</b> Catholic Mass (AR) <b>2:30pm</b> Valentines Day Celebration With Cristina Barbosa (B) <b>6:30pm</b> Mahjong (LB) <b>6:30pm</b> Movie: Romeo and Juliet (AR) (D+) <b>7:00pm</b> Card Games (LB)	<b>15</b> <b>10:00am</b> Fitness (AR) <b>11:00am</b> Dementia Co-Creation Academy (AR) <b>2:00pm</b> Scrabble (LB) <b>2:30pm</b> Coloring And Coffee (B) <b>3:00pm</b> Cribbage (LB) <b>6:30pm</b> Movie: Maybe Baby (AR) (N) <b>7:00pm</b> Card Games (LB)
<b>16</b> <b>10:00am</b> Fitness (AR) <b>1:00pm</b> Knit & Stitch (B) <b>2:30pm</b> Bingo (AR) <b>6:30pm</b> Mahjong (LB) <b>6:30pm</b> Virtual Concerts: Elton John Live (AR) (D+) <b>7:00pm</b> Card Games (LB)	<b>17</b> <b>10:00am</b> Yoga With Katie (AR) <b>1:30pm</b> Drama Club (AR) <b>2:30pm</b> Virtual Orchestra: John Williams in Tokyo (AR) (D+) <b>6:30pm</b> Series: Family Reunion (AR) (N) <b>7:00pm</b> Card Games (LB)	<b>18</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Anglican Service (AR) <b>2:30pm</b> Planting Spring Bulbs (AR) <b>3:30pm</b> Billiards (SKY) <b>6:30pm</b> Series: My Wife And Kids (AR) <b>7:00pm</b> Card Games (LB)	<b>19</b> <b>10:00am</b> Fitness (AR) <b>1:00pm</b> Bus Tour: New Westminster Museum (L) <b>6:30pm</b> BINGO! (AR) <b>6:30pm</b> Mahjong (LB) <b>7:00pm</b> Card Games (LB)	<b>20</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Activity Planning With Residents (AR) <b>2:30pm</b> Residents General Meeting (B) <b>6:30pm</b> Docuseries: Our Oceans (AR) (N) <b>7:00pm</b> Card Games (LB)	<b>21</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Catholic Mass (AR) <b>2:30pm</b> Afternoon Social With James Burton (B) <b>6:30pm</b> Mahjong (LB) <b>6:30pm</b> Movie: Walk the Line (AR) (D+) <b>7:00pm</b> Card Games (LB)	<b>22</b> <b>10:00am</b> Fitness (AR) <b>11:00am</b> Dementia Co-Creation Academy Workshop (AR) <b>2:00pm</b> Scrabble (LB) <b>2:30pm</b> Drum FIT (AR) <b>3:00pm</b> Cribbage (LB) <b>6:30pm</b> Movie: Maybe Baby 2 (AR) (N) <b>7:00pm</b> Card Games (LB)
<b>23</b> <b>10:00am</b> Fitness (AR) <b>1:00pm</b> Knit & Stitch (B) <b>2:30pm</b> Bingo (AR) <b>6:30pm</b> Mahjong (LB) <b>6:30pm</b> Virtual Concert: Neil Diamond Greatest Hits (AR) (Y) <b>7:00pm</b> Card Games (LB)	<b>24</b> <b>10:00am</b> Yoga With Katie (AR) <b>10:45am</b> Word in a Word (AR) <b>1:30pm</b> Drama Club (AR) <b>2:30pm</b> Food Tasting With Chef David And Trivia (B) <b>6:30pm</b> Series: Family Reunion (AR) (N) <b>7:00pm</b> Card Games (LB)	<b>25</b> <b>10:00am</b> Fitness (AR) <b>2:30pm</b> Indoor Games (AR) <b>3:30pm</b> Billiards (SKY) <b>6:30pm</b> Series: My Wife And Kids (AR) <b>7:00pm</b> Card Games (LB)	<b>26</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Brain Teasers (AR) <b>2:30pm</b> Scotland Armchair Travel and Trivia (AR) <b>6:30pm</b> BINGO! (AR) <b>6:30pm</b> Mahjong (LB) <b>7:00pm</b> Card Games (LB)	<b>27</b> <b>10:00am</b> Fitness (AR) <b>1:30pm</b> Weight Loss Support Group (AR) <b>2:30pm</b> Social with Augustin (B) <b>6:30pm</b> Docuseries: Our Oceans (AR) (N) <b>7:00pm</b> Card Games (LB)	<b>28</b> <b>10:00am</b> Fitness (AR) <b>10:45am</b> Catholic Mass (AR) <b>2:30pm</b> Afternoon Social with Roberto Risman (B) <b>6:30pm</b> Mahjong (LB) <b>6:30pm</b> Movie: Little Miss Sunshine (AR) (D+) <b>7:00pm</b> Card Games (LB)	<b>[AR]</b> Activities Room 1st Fl. <b>[LB]</b> Library 1st Floor <b>[L]</b> Lobby 1st Floor <b>[B]</b> Bistro 2nd Floor <b>[G]</b> Garden 2nd Floor <b>[MR]</b> Movie Room 3rd Floor <b>[SKY]</b> Sky Lounge 19th Floor